2018 Food Drive Information

Thank you all, in advance, for helping to make a great contribution on behalf of CSGS. All donations will go to the Campus Food Bank.

**Item Counting Information (GSA)**

- Each box/can/package under *250g/mL* counts as **1 item**
- Each box/can/package *between 250 and 500g/mL* counts as **2 items**
- Each box/can/package *between 500 and 750g/mL* counts as **3 items**
- Each box/can/package *between 750 and 1000g/mL* counts as **4 items**
- Each box/can/package *over 1000g/mL* counts as **5 items** (no matter how big it is!)
- The food bank cannot accept any dented cans and all items must be new and unopened, no partially used packages please (i.e., please do not open boxes of granola bars or juice boxes in order to count them as extra items)
- **Cash donations** will be counted as **1 item per $1**

**High Demand Items (SU Food Bank)**

The following is a list (in order of importance) of items that are especially in demand.

1. Monetary donations
2. Boxed macaroni and cheese
3. Pasta sauce, tomato sauce and tomato paste
4. Pasta and dry soup (Ichiban, Mr. Noodles, etc.)
5. Canned fruit and vegetables
6. Canned meat (ham, turkey, chicken) and seafood (salmon, tuna, sardines)
7. Meal helper (Sidekicks, Hamburger Helpers, Uncle Ben’s, etc.)
8. Peanut Butter
9. Coffee, tea and hot chocolate
10. Toiletries (toilet paper, menstrual hygiene products, travel-sized deodorant, bar soap, etc.)

Food donations are always appreciated. However, monetary donations help us to provide nutritionally balanced hampers that include perishable items such as fresh vegetables, milk and eggs.

How to Participate

- Boxes for each group (for the Food Bank Drive) are available in the main office (ICT602).
- Items must be donated during office hours from Nov 22 to Dec 6.
- For monetary donations. Please bring cash in a sealed envelope with your name and the name of your lab to the front desk of Main Office.
- The boxes will be collected on December 5th, 2018. Once collected, the items will be tallied, our donation will be taken to the GSA and the winning lab will be announced. The Soup Can Cup will be awarded at an event in January.

If the box for your group isn’t available, or if you have any other questions please contact
csgs.cpsc@ucalgary.ca.